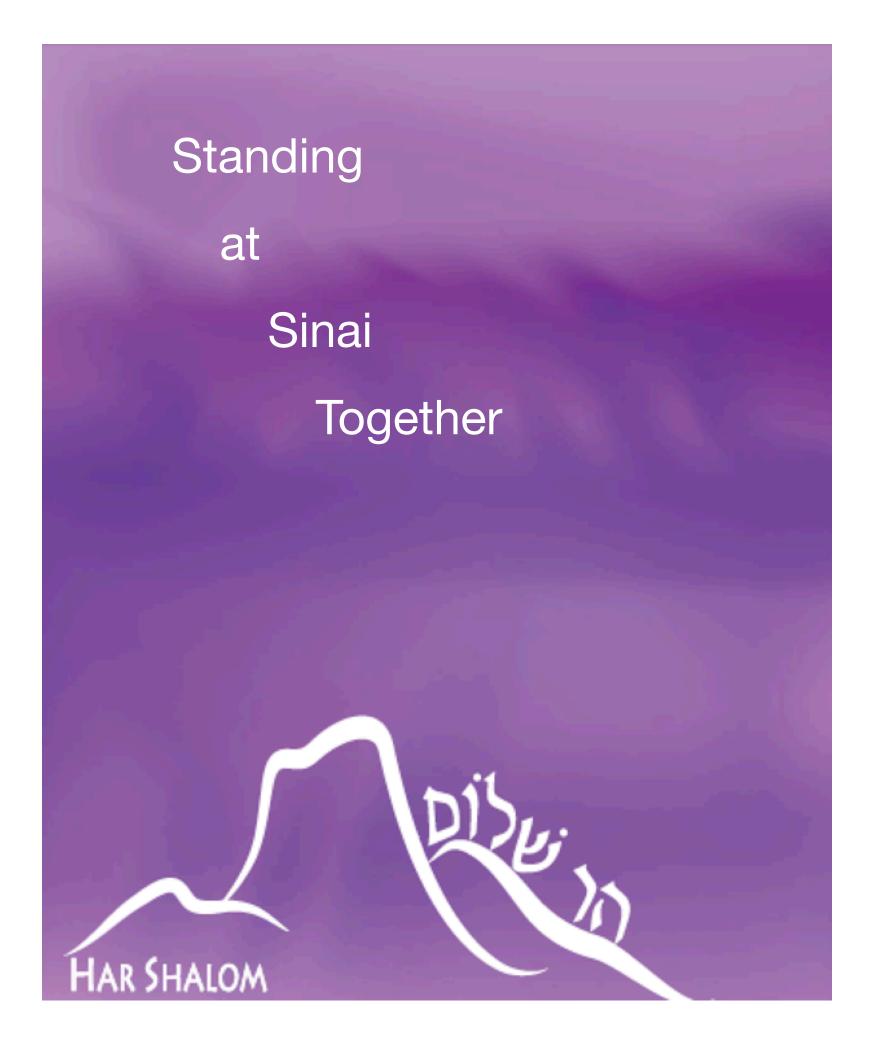
Shavuot 2020

Shavuot Morning Service



Standing at the Mountain

In awe, our Hearts beat as one



Now Mount Sinai was all in smoke for Adonai had come down upon it in fire.. (Exodus 19:18)

Torah, given amidst fire, is compared to fire.

Just as fire lives forever, so do the words of Torah live forever.

When one draws near to fire one is burned by it; when one moves away from fire one is chilled.

On Shavuot, we warm ourselves by the light of Torah, our precious heritage.

Modeh Ani

I offer thanks to You ever-living God, that You have restored my soul to me in mercy; How great is Your trust.

מוֹדֶה אֲנִי לְפָּנֶיךּ, מֶלֶךְ חֵי וְקַיָּם, שֶׁהֶחֶזֵרְתָּ בִּי נִשְׁמָתִי בְּחֶמְלָה, רַבָּה אֱמוּנָתֶךּ.

מַה־טִבוּ אֹהַלֶּיךָ יַעֲקֹב, מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל. וַאֲנִי בְּרֹב חַסְדְּךְ אַבוֹא בִיתֶךָ, אֶשְׁתַּחֲוָה אֶל הֵיכַל קַדְשְׁךָ בִּיִרְאַתֶּךָ.

Mah Tovu

How fair are your tents O Jacob, your dwellings, O Israel.

I, through Your abundant love, enter Your house;

I bow down in awe at Your holy temple.

Adonai, I love Your temple abode, the dwelling-place of Your glory.

I will humbly bow down low before Adonai, my maker.

As for me, may my prayer come to You, Adonai, at a favorable moment;

O God, in Your abundant faithfulness, answer me with Your sure deliverance.

אֶלהַי, נְשָׁמָה שֶׁנְתַתְּ בִּי טְהוֹרָה הִיא. Elohai Neshama

Let Our souls evolve higher: from instinct to inspiration, haughtiness to holiness, selfishness to service; to join with the Soul of souls, the Infinite One.

Nisim B'chol Yom - For Daily Miracles

בַרוּך אַתָּה יְהוָה, אֱלֹהֵינוּ מֶלֶךְ הַעוֹלָם...

- ...who has given the mind the ability to distinguish day from night.
- ...who opens the eyes of the blind.
- ...who frees the captive.
- ...who lifts up the fallen
- ...who stretches the earth over the waters.
- ...who strengthens our steps.
- ...who clothes the naked.
- ...who gives strength to the weary.
- ...who removes sleep from the eyes, slumber from the eyelids.
- ...who made me in the image of God.
- ...who has made me free.
- ...who has made me a jew.
- ...who girds Israel with strength.
- ...who crowns Israel with splendor.

בַּרוּךְ אַתַּה יְהַנָה, אֱלֹהֵינוּ מֶלֶךְ הַעוֹלַם, אֲשֶׁר קּדְּשְׁנוּ בְּמִצְוֹתַיו, וְצִוְּנוּ לַעֲסוֹק בְּדִבְרֵי תוֹרָה.

Blessed are You, Adonai our God, Ruler of the universe, who hallows us with mitzvot, commanding us to engage with words of Torah.

Eilu D'varim

These are things that are limitless, of which a person enjoys the fruit of the world, while the principal remains in the world to come.

They are:

honoring one's father and mother,
engaging in deeds of compassion,
arriving early for study morning and evening,
dealing graciously with guests,
visiting the sick,
providing for the wedding couple,
accompanying the dead for burial,
being devoted in prayer,
and making peace among people.

But the study of Torah encompasses them all.

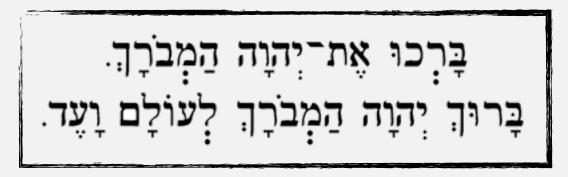
Hallelu - Kol Haneshama

Hallelujah!
Praise God in God's sanctuary;
Praise God in the sky,
Praise God in the sea
Praise God in our breath
Praise God in our hearts
Praise God in all of creation
Hallelujah!

ּנָיה, הַלְּלוּ־אֵל בְּקְדְשׁוֹ, לְוּהוּ בִּרְקִיעַ עָזּוֹ. ֹלְוּהוּ בִגְבוּרתָיו, לְלִוּהוּ כְּרֹב גָּדְלוֹ. לְוּהוּ בְּתֻקַע שׁוֹפָר, ֹלְוּהוּ בְּגָבֶל וְכִנּוֹר. לוהו בתף ומחול, הַנְּשָׁמָה תְּהַלֵּל יָהּ, הַלְ

Kol Hanshema tehallelya Hallelujah!

Call to Worship - Barechu



Praise Adonai to whom our praise is due forever! Praised be Adonai to whom our praise is due now and forever!

Our Festival is a season of calling, entreating us to listen to the voice behind the passing angel, the shofar, the wind, and the Word. Amen

Yotzer Or

The world is sunlight, restoring the soul, rejoicing the heart, bringing light to the eyes; more welcomed than gold. A Torah from heaven.

I have no light to give the morning. My Torah, my special human gift, is words. As I bring my words forth from silence, welcome them, You who redeems the sun from darkness. בָּרוּךְ אַתָּה יְהנָה,יוֹצֵר הַמַּאוֹרוֹת.

Baruch atah Adonai, Yotzer Ham'orot.

Ahavat Olam

As You taught Torah to those whose names I bear, teach me Torah too.

Its mystery beckons, yet I struggle with its truth.

You meant Torah for me:

did You mean the struggle for me too?

Don't let me struggle alone;

help me to understand, to be wise, to listen, to know...

lead me into the mystery.

בֶּרוּךְ אַתְּה יְהְנָה, אוֹהֵב עַמוֹ יִשֹּׁרָאֵל. Baruch atah Adonai, Ha-bochair beh-amo Yisrael b'ahavah.

Shema Yisrael

Hear O Israel, Adonai is our God, Adonai is One! Blessed is God's glorious kingdom now and forever!

O Israel, how I wish you would just listen. List to your heart, listen to your soul, listen to the love with which I created all of existence. Most of all listen to each other. Listen to the cries of your brothers and sisters who need you now more than ever. Listen to the anguish of those who do not know of love or family. Hear the voices crying out for the changes I've wished upon you since the beginning of time.

I hear you. I listen. I implore you to open your ears and open your hearts in hope of creating the peace I wish for you with the heart of the universe.

Vahavtah

My love for you is beyond words, beyond expression. I live my love in my deeds; my breathe, my every moment. I teach this love walking, waking, talking, teaching, learning, being. This love is a love that must be shared, a love that must teach the entire world what love is really about. the universe cannot contain the love I want

to share within it.

ּוָאָהַבְּתָּ אָת יְהנָה אֱלֹהֶיךָ, בְּכָל־לְבָבְרָ וּבְכָל־נַפְשְׁךָ וּבְכָל־מְאֹדֶך: ּוְהָיוּ הַדְּבָרְים הָאֵלֶה, אָשֶׁר אָנֹכְי מְצַוְּרֶ הַיֻּוֹם, עַל־לְבָבֶּךְ: וְשִׁנַּנְתָּם לְבָנֶיךָ, וְדִבַּרְתָּ בֶּם, בַּשִּׁבְתְּּךְ בְּבִיתֶּךְ וּבְלֶכְתְּּךְ בַדֶּרֶךְ, וּבְשְּׁכְבָּּךָ וּבְקוּמֶּךִיּ וּקְשַׁרְתָּם לְאַוֹת עַל־יַיֶּדֶרָ, וָהָיִוּ לְטֹטָפַתׁ בֵּין צִינְיךִּ: וּכְתַבְתַּם עַל־מָּזוֹוִוֹת בֵּיתֶּךְ וּבִשְּׁעַכְיךִ: ּלְמַעַן תִּוְכָּרוּ וַעֲשִּׂיתֶם אֶת־כָּל־מִצְוֹתֻי, וְהָיִיתֶם קְדֹשָׁים לֵאלהֵיכֶם: אֲנִי יְהֹנֶה אֱלְהֵיכֶם, אָשֶׁר הוֹצַאִתי אֶתְכֶם מֵאֶֶרֶץ מִצְרַיִם, לָהְיַוֹת לָכֶם לֵאלֹהְים, אֲנָי יְהֹנָה אֱלֹהֵיכֶם:

When justice burns within us like a flaming fire, when love evokes willing sacrifice from us, when to the last full measure of selfless devotion, we demonstrate our belief in the ultimate triumph of truth and righteousness, then goodness enters our lives and we can begin to change the world.

Standing on the parted shores of history, we still believe what we were taught before we ever stood at Sinai:

that wherever we are, it is eternally Egypt, that there is a better place, a Promised Land; That the winding way to that promise passes through the wilderness, that there is no way to get from here to there except by joining hands and marching together.

Mi Chamocha

מִי־כָמְכָה בָּאֵלִם יְהְנָה, מִי כָּמְכָה נָאְדָּר בַּקְּדֶשׁ, נוֹרָא תִהִלֹת עִשֵּׁה פֶּלֶא.

שִׁירָה חֲדָשָׁה שִׁבְּחוּ גְאוּלִים לְשִׁמְךָ עַל־שְּׂפַת הַיָּם, יְחַד כָּלָם הוֹדוּ וְהִמְלִיכוּ וְאָמְרוּ: יִהוָה | יִמִלֹךְ לִעֹלֵם וַעֵּר.

צוּר יִשְּׂרָאֵל, קוּמָה בְּעֶזְרַת יִשְׂרָאֵל, וּפְּדֵה כִנְאָמֶךְ יְהוּדָה וְיִשְׂרָאֵל. גֹּאֲלֵנוּ יְהנָה צְּבָאוֹת שְׁמוֹ, קְדוֹשׁ יִשְׂרָאֵל. בַּרוּךָ אַתָּה יִהנָה, גַּאַל יִשִּׂרָאֵל.

Tefillah Avot v'lmahot

Adonai, open up my lips, that my mouth may declare Your glory.

Adonai Seh-fah-tie teef-tach, oo-fee yah-geed teh-heelah-teh-chah

Baruch atah Adonai eh-lowhay-noo vay-low-hay ahvoh-tay-new veh-ee-mow-tay-new. Ehlow-hay Avrahahm, eh-lowhay Yeets-chahk, vay-lowhay Yah-ah-cov. Eh-low-hay Sarah, eh-low-hay Reev-kah, eh-low-hay Rah-chayl, veh-low-hay Layah. Hah-ail Hah-gah-dole hah-gee-boar veh-hah-no-rah ail ehl-yohn, go-mail chah-sah-deem towveem veh-koh-nay hah-coal, veh-zoh-chair chas-day ahvote veh-eemah-hoht, oomay-vee geh-oo-lah leev-nay veh-nay-hem leh-mah-on sheh-mow beh-ah-hah-vah. Meh-lech Oh-zayr oo-mow-shee-ah oo-mahgain. Baruch Atah Adonai mah-gain Avrahahm veh-ehz-rot Sarah.

אָדֹנָי, שָּׁפָתַי תִּפְתָּח, וּפִי יַגִּיד תִהִּלָּתֶךְ בַּרוּךְ אַתַּה יָהוַה, אֶלהֵינוּ וַאלהֵי אֲבוֹתֵינוּ וָאִמּוֹתִינוּ, ָאֶלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וֵאלֹהֵי יַעֲקֹב, אַלהֵי שַּׁרָה, אֵלהֵי רָבָקַה, אלהי כחל, ואלהי לאה, ָּהָאֵל הַגָּדוֹל הַגִּבּוֹר וָהַנּוֹרָא, אֵל עֶלְיוֹן, גומל חֲסָדִים טוֹבִים, וַקֹּגַה הַכּּל, וַזוֹבֵר חַסְבֵי אָבוֹת וַאִּמָּהוֹת, וּמֵבִיא גָאָלָה לִבְנֵי בָנֵיהֶם, לִמַעַן שָׁמוֹ בָּאַהֲבָה. מֵלֵך עוֹזֵר וּמוֹשִׁיעַ וּמָגַן. בָרוּךְ אַתַּה יָהוָה, מָגַן אַבְרָהָם וָעֶזְרַת שָּׂרָה.

Gevurot

אַתָּה גבּוֹר לְעוֹלָם אֲדֹנָי, מְחֵיֵּה הַכּּל אַתָּה, רַב לְהוֹשִׁיעַ. מוֹרִיד הַּטָּל. מְכַלְבֵּל חַיִּים בְּחֶטֶד, מְחַיִּה הַכּּל בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְּלִים, וְרוֹפֵּא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְלַיֵּם אֱמוּנָתוֹ לִישֵׁנִי עָפָּר. מִי כָמְוֹךְ בַּעַל גְּבוּרוֹת, וּמִי דְוֹמֶה לַּךְ, מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמְיחַ יְשׁוּעָה וְנָאֶצְמָן אַתָּה לְהַחֲיוֹת הַכּּל. בָּרוּךְ אַתָּה יְהנָה, מְחַיֵּה הַכּּל.

Ah-tah gee-boar leh-oh-lahm Adonai, meh-chahyay hah-coal ahtah rav leh-hoh-shee-ah. Mow-read hah-tahl. Meh-chahl-kale chayeem behchehsehd meh-chah-yay hah-coal beh-rah-chah-meem rah-beem. Sohmaych nohfleem veh-row-fay chohleem, oo-mah-tear ah-soo-reem, oo-meh-kah-yaym eh-moo-nah-tow lee-shay-nay afar. Mee chamocha bah-ahl geh-voo-rote oo-mee doh-meh lahch, melech may-meet oomeh-chayeh oo-mahts-mee-ach yeh-shoo-ah? Veh-neh-eh-mahn ahtah leh-ha-chayote hah-

coal. Baruch ahtah Adonai meh-chayay hah-coal.

Your might, O God, renews the earth.

With dewdrops of light and blessing, let the earth be illuminated and blessed.

With dewdrops of joy and delight, let the earth rejoice and sing out.

With dewdrops of life and well-being, let the earth be revived and improved.

With dewdrops of redemption, let the earth be redeemed.

For blessing and not for curse. For life and not death. For abundance, not want.

Kedusha for Festival Morning

,אָת שִׁמְדּ בָּעוֹלָם, בַּעוֹלָם, בְּשַׁם שֶׁמַקִדִּישִׁים אוֹתוֹ בִּשָּׁמֵי מָרוֹם, כַּכָּתוּב עַל יַד נִבִיאָדּ, ּוְקָרָא זֶה אֶל זֶה וְאָמַר: ָקָדוֹשׁ, קָדוֹשׁ, קָדוֹשׁ יְיָ צְבָאוֹת, מָלֹא כַל הָאָרֶץ כְּבוֹדוֹ. אַדִּיר אַדִּירֵנוּ, יִי אַדוֹנֵנוּ, ָמָה אַדִּיר שִׁמְדְּ בְּכָל הָאָרֶץ. בַּרוּךְ כִּבוּד יִיָּ מִמְקוֹמוֹ. אֶחָד הוּא אֱלֹהֵינוּ, הוּא אַבֵּינוּ, הוא מַלְכֵנוּ, הוא מושיענוּ, וָהוּא יַשְׁמִיעֵנוּ בְּרַחֲמָיו לְעֵינֵי כָּל חָי. אַני יִי אֱלֹהֵיכֶם. יִמְלֹדְ יָיָ לְעוֹלָם, אֱלֹהַיִדְ צִיוֹן לְדַר נָדַר, הַלְלוּיָה. לְדוֹר נָדוֹר נַגִּיד גַּדְלֵךְ וּלְנֵצֵח נְצַחִים קַדָשָׁתָדָ נַקְדִישׁ, וְשִׁבְחַדָּ, אֱלֹחֵינוּ, מִפְּינוּ לֹא יָמוּשׁ לְעוֹלֶם וַעֵד. בָּרוּדְ אַתָּה, יְיָ, הָאֵל הַקַּדוֹשׁ.

Let us sanctify Your Name on earth, as it is sanctified in the heavens above.

As it is written by Your prophet:

Holy, Holy, Holy is Adonai Tz'vaot! God's presence fills the whole earth. Source of our strength, Sovereign One, how majestic is Your presence in all the earth! You have chosen us, in love and favor, by making us holy through Your mitzvot and drawing us close to Your service, that through us Your great and holy name may become known in all the earth. In Your love, Adonai, our God, You have given us feasts of gladness and seasons of joy; this Festival of Shavuot, season or receiving the Torah, to unite in worship and recall the exodus form Egypt.

Our God and God of our ancestors, be mindful of Your people, Israel, and recall our merit for good and grace, and in loving kindness and compassion for life and peace on this Festival of Shavuot.

This day remember us for well-being. Amen.

This day bless us with Your nearness. Amen.

This day help us to a fuller life. Amen.

Bestow upon us the blessing of Your holy Festivals, and may we so celebrate them as to be worthy of Your blessing. Our God and God of our ancestors, make us holy with Your mitzvot and let Your Torah be our way of life. May our rest on this day be pleasing in Your sight. Satisfy us with Your goodness, gladden us with Your salvation, and purify our hearts to serve You in Truth. Let Your holy Festivals remain our heritage, and let us celebrate them with joy so that all Israel, hallowing Your name, may have cause to rejoice. We praise You, Adonai, who sanctifies the House of Israel and the Festivals.

Baruch atah Adonai, m'kadesh Yisrael v"haz'manim.

Find favor, Adonai, our God, with Your people Israel, and accept their prayer in love. May the worship of Your people Israel always be acceptable. God who is near to all who call, turn lovingly to Your servants. Pour out Your spirit upon us. Let our eyes behold Your loving return to Zion.

Baruch atah Adonai Hamachazir Shechinato l'Tzion.

We give great thanks to Adonai for all the blessings in our lives. Baruch atah Adonai hatov shimchah oolechah naheh l'hodot.

Sim Shalom

Grant peace, goodness and blessing, grace,
kindness and mercy, to us and to all Your people Israel.
Bless us, our Creator, all of us together through the light of Your Presence.
Truly through the light of Your Presence, Adonai our God, You gave us a Torah of life
the love of kindness, justice and blessing, mercy, life, and peace.

May You see fit to bless Your people Israel at all times, at every hour, with Your peace.

Silent meditation

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַזְעַשֶּׁה שָׁלוֹם עַלְינוּ, וְעַל כָּל־יִשְׂרָאֵל וְעַל כָּל־יוֹשְׁב תַבֵּל. וְאִמְרוּ: אָמֵן.



Hallel

בָּרוּךְ אַתָּה יְהנָה, אֱלֹהֵינוּ מֶלֶךְ הַעוֹלָם, אֲשֶׁר קִּדְשְׁנוּ בִּמִצְוֹתָיו, וָצִנְּנוּ לִקְרוֹא אֶת הַהַלֵּל.

Blessed are You, Adonai our God, Sovereign of all, who hallows us with mitzvot, commanding us to recite Hymns of Praise.

From Psalm 118

הודו לַיהנָה כִּי־טוֹב, כִּי לְעוֹלָם חַסְדּוֹ.
יאמַר־נָא יִשְׂרָאֵל, כִּי לְעוֹלָם חַסְדּוֹ.
יאמְרוּ־נָא בִית־אַהַרֹן, כִּי לְעוֹלָם חַסְדּוֹ.
יאמְרוּ־נָא בִית־אַהַרֹן, כִּי לְעוֹלָם חַסְדּוֹ.
יאמְרוּ־נָא יִרְאֵי יְהנָה, כִּי לְעוֹלָם חַסְדּוֹ.

Praise Adonai for God is good, God's steadfast love is eternal.

Let Israel declare, "God's steadfast love is eternal."

Let the House of Aaron declare, "God's steadfast love is eternal."

Let those who fear Adonai declare, "God's steadfast love is eternal."

Blessing After Hallel

בָּרוּךְ אַתָּה יְהנָה, מֶלֶךְ מְהָלֵּל בַּתִּשְׁבָּחוֹת. אָמֵן.

Praise to You, Adonai our God, Sovereign of the universe, who hallows us with mitzvot, commanding us to sing hymns of praise.

Torah Service for Festival

Blessing before the reading of the Torah

בָּרְכוּ אֶת־יְהנָה הַמְבֹּרָךְ.

בַּרוּךְ יְהוָה הַמְבֹרָךְ לְעוֹלָם וַעֶּד.

בָּרוּךְ יְהנָה הַמְּבֹּרָךְ לְּעוֹלָם וָעֶד. בָּרוּךְ אַתָּה יְהנָה, אֱלֹהִינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר־בְּנוּ מִכְּל־הָעַמִּים, וְנָתַן־לְנוּ אֶת־תּוֹרָתוֹ. בָּרוּךְ אַתָּה יְהנָה, נוֹתֵן הַתּוֹרָה. ؞..ּאָמֵן.

Blessing after the reading of the Torah

בָּרוּךְ אַתָּה יְהוָה, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן־לְנוּ תּוֹרַת אֱמֶת, וְחֵיֵּי עוֹלָם נָטֵע בְּתוֹכְנוּ. בָּרוּךְ אַתָּה יְהוָה, נוֹתֵן הַתּוֹרָה. ---אָמֵן.

MI SHEBEIRACH ~ מִי שֶׁבֵּרַדְ

Mi Shebeirach is a prayer for healing.

Mi she-bei rach a-vo-tei-nu m'-kor ha-b'-ra-cha l'-i-mo-tei-nu. מִי שֶׁבֵּרַדְּ אֲבוֹתֵינוּ מְקוֹר הַבְּּרֶכָה לְאִמוֹתֵינוּ.

May the source of strength
who blessed the ones before us
help us find the courage
to make our lives a blessing.
And let us say: Amen.

Mi she-bei rach i-mo-tei-nu m'-kor ha-b'-ra-cha l'-a-vo-tei-nu. מִי שֶׁבֵּרַדְּ אִמוֹתֵינוּ מְקוֹר הַבְּרָכָה לַאֲבוֹתֵינוּ.

Bless those in need of healing
with r'-fu-a sh'-lei-ma* ~
the renewal of body,
the renewal of spirit.
And let us say: Amen.
~ Debbie Friedman and Drorah Setel

*Complete healing.

וְזֹאת הַתּוֹרָה, אֲשֶׁר־שָׂם מֹשֶׁה לִפְנֵי בְּנֵי יִשְׂרָאֵל, עַל־פִּי יְהנָה בְּיַד־מֹשֶׁה.

This is the Torah which Moses placed before the people of Israel, God's word through the hand of Moses.

עץ־חַיִּים הִיא לַמַּחֲזִיקִים בָּהּ,וְתֹּמְכֶיהָ מְאֻשַׁר. דְּרָכֶיהָ דַרְכִי־נְעַם, וְכָל־נְתִיבוֹתֶיהָ שָׁלוֹם. הֲשִׁיבֵנוּ יְהוָה אֵלֶיךָ וְנָשִׁוּבָה, חַדֵּשׁ יָמִינוּ כְּקֶדֶם. הֲשִׁיבֵנוּ יְהוָה אֵלֶיךָ וְנָשִׁוּבָה, חַדֵּשׁ יָמִינוּ כְּקֶדֶם.

It is a Tree of Life for those who hold fast to it, and all its supporters are happy.

Its ways are ways of pleasantness and all its paths are peace.

Return us to You, Adonai, and we will return; renew our days as of old.

Prayers of Our Community

For Our Congregation

Source of all being, may the children of this community learn these passions from us: love of Torah, devotion in prayer, and support of the needy.

May we guide with integrity, and may our leadership be in Your service.

May those who teach and nourish us be blessed with satisfaction, and may we appreciate their time and their devotion.

Bless us with the fruits of wisdom and understanding, and may our efforts bring fulfillment and joy.

For Our Country

Adonai, may our nation always merit Your protection. May our leaders return to true leadership with integrity, honesty and a sense of dignity. May they cooperate to better the lives of all our citizens and shine as a beacon within the world for all leadership of all lands. May they speak words of wisdom and practice kindness upon all peoples under their protection. May our homes be safe from affliction and strife, and our country be sound in body and spirit. Amen.

For the State of Israel

O Heavenly One, Protector and Redeemer of Israel bless the State of Israel which marks the dawning of hope for all who seek peace. Shield it beneath the wings of Your love; spread over it the canopy of Your peace; send Your light and truth to all who lead and advise, guiding them with Your good counsel. Establish peace in the land and fullness of joy for all who dwell there. Amen.

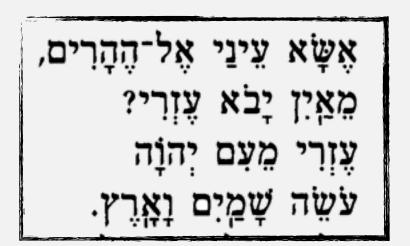
Yizkor

What are we, that You are mindful of us?
We are like a breath; our days are as a passing shadow;
we come and go like grass which in the morning shoots up, renewed,
and in the evening fades and withers.
You cause us to revert to dust, saying, "Return O mortal creatures!"
Would that we were wise, that we understood where we are going!
For when we die we carry nothing away; our glory does not accompany us.
Mark the whole-hearted and behold the upright; they shall have peace.
Adonai, You redeem the soul of Your servants,
and none who trust in You shall be desolate.

Adonai, what are we, that You have regard for us?

Psalm 121

I lift my eyes to the mountains;
What is the source of my help?
My help comes from Adonai,
Maker of heaven and earth.
God will not let your foot give way;
your Protector will not slumber.
See, the Protector of Israel
neither slumbers nor sleeps!
God is your Guardian,
God is your protection at your right hand.
The sun will not strike you by day,
nor the moon by night.
God will guard you from all harm,
God will guard your soul,
your going and coming, now and forever.



Psalm 23

The Lord is my Shepherd, I shall not want.

You make me lie down in green pastures;

You lead me beside still waters.

You restore my soul;

You guide me in straight paths for Your name's sake.

Yeah, though I walk through the valley of the shadow of death,

I will fear no evil, for You are with me

Your rod and Your staff, they comfort me.

You prepare a table before me in the presence of my enemies;

You have anointed my head with oil;

My cup runs over.

Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord forever.

Silent Yizkor

May God remember forever my...
who have gone to their eternal rest.
May they be at one with the One who is life eternal.
May the beauty of their lives shine forevermore,
and may my life always bring honor to their memory.

May God remember forever our brothers and sisters of the House of Israel who gave their lives for the Sanctification of the Divine Name. May they be at one with the One who is life eternal. May the beauty of their lives shine forevermore, and may my life always bring honor to their memory.

EL MALEI RACHAMIM,

Shochein bamromim.
ham'tzei m'nuchah n'chonah
tachat kanfei haShechinah,
im k'doshim ut'horim,
k'zohar harakia mazhirim,
l'nishmat yakireinu
shehalchu l'olamam.
Baal harachamim,
yastireim b'seter k'nafav l'olamim,
V'yitz'ror bitz'ror hachayim
et nishmatam.
Adonai hu nachalatam,

Adonai hu nachalatam, vayanuchu b'shalom al mishkavam.

V'nomar: Amen.

אַל מָלֵא רַחֲמִים,
שׁוֹכֵן בַּמְּרוֹמִים.
הַמְצֵא מְנוּחָה נְכוֹנָה
תַּמְצֵא מְנוּחָה נְכוֹנָה
תַּמְת כַּנְפֵי הַשְּׁכִינָה,
עם קדושים וּטְהוֹרִים,
לְנִשְׁמֵת יַקִּינֵי שְׁהָלְכוּ לְעוֹלָמָם. בַּעַל הָרַחֲמִים, יַסְתִּירֵם בְּסֵתֶר כְּנָפָיו לְעוֹלָמִים, וְיִצְרוֹר בִּצְרוֹר הַחַיִּים עָל מִשְׁכָּבָם. וְיִנְאִמֵר: אָמֵן. וְנֹאמֵר: אָמֵן.

Fully compassionate God on high: To our loved ones who have entered eternity grant clear and certain rest with You in the lofty heights of the sacred and pure whose brightness shines like the very glow of heaven.

Source of mercy: Forever enfold them in the embrace of Your wings; secure their souls in eternity. Adonai: they are Yours.

They will rest in peace. Amen.

Aleynu

Aleynu lishabei-ach laadon hacol lahteit gedoolah lehyotsay behreishit, shehlo ahsahnu kehgoyay ha-ah-rah-tsot, vehlow sahmahnu kehmishpehchot hahahdahmah. Shehlo sahm chel-kaynu kahhem, veh-go-rah-laynu keh-chol hah-monahm.

עָלֵינוּ לְשַׁבָּחַ לַאֲדוֹן הַכּּל, לָתַת גִּדָלָה לִיוֹצֵר בָּרֵאשִׁית, שֶׁלֹא עָשֶׂנוּ כָּגוֹיֵי הָאֲרָצוֹת, וַלֹא שָׁמָנוּ כִּמִשְׁפָּחוֹת הָאֲדָמָה. שֶׁלֹא שָׂם חֶלְקֵנוּ כָּהֶם, וָגוֹרֶלֶנוּ כָּכָל־הֲמוֹנָם.

וַאֲבַחְנוּ כּוֹרָעִים וּמִשְׁתַּחֲוִים וּמוֹדִים,

vah-ah-nachnu kor-eem u-mishtachaveem umo-deem, leafnay melech mahlchay hamlachim, ha-kadosh baruch hu.

לְפְנֵי מֶלֶךְ מַלְכֵי הַמִּלָכִים, הַקַּדוֹשׁ בַּרוּךְ הוּא.

ּוְנֶאֶמַר: וְהָיָה יְהוָה לְמֶלֶךְ עַל־כָּל־הָאָרֶץ,

בַּיּוֹם הַהוּא יָהֵיָה יִהנָה אָחַד וּשְׁמוֹ אָחַד.

veh-neh-eh-mahr: veh-hayah Adonai lehmelech ahl coal Ha-Aretz, bah-yom hahu yee-yeh Adonai echad ushmo echad.

> Let us adore the ever-living God, and render praise unto God Who spread out the heavens and established the earth, whose glory is revealed in the heavens above, and whose greatness is manifest throughout the world. You are our God; there is none else.

Thus it has been said, Adonai will be Sovereign over all the earth. On that day, Adonai will be one, and God's Name will be one.

Kaddish Yatom - Mourner's Kaddish

In Nature's Ebb and flow, God's eternal law abides.

When tears dim our vision or grief clouds our understanding,

we often lose sight of God's eternal plan.

Yet we know that growth and decay, life and death,

all reveal a divine purpose.

God who is our support in the struggles of life, is also our hope in death.

We have set God before us and shall not despair.

In God's hands are the souls of all the living and the spirit of all flesh.

Under God's protection we abide, and by God's love are we comforted.

O Life of our life, Soul of our soul, cause Your light to shine into our hearts, and fill our spirits with abiding trust in You.

Reading of the Kaddish List

Kaddish Yatom - Mourner's Kaddish

Yit-ga-dal v'yit-kadash sheh-may rabah, b'almah di-v'rah chi-roo-tay, v'yam-lich mal-chu-tay, b'chay-yay-chon uv-yo-may-chon uv-chay-yay d'chol bait Yisrael, b'ah-ga-lah oo-veez-mahn ka-reev v'eem-ru: Amen

Y'hay sh'may rah-bah m'va-rach l'olam ul-al-may al-ma-ya yit-barach v'yish-ta-bach v'yit-pah-ar veh-yit-ro-mahn veh-yit-nah-say veh-yit-ha-dar veh-yit-ah-leh veh-yit-hah-lal sh'may d'ku-d'shah b'rich hoo

l'ay-lah mean coal beer-chah-tah v'she-rah-tah toosh-b'chah-tah v'neh-cheh-mah-tah dah-ah-me-rahn b'ahl-mah v'eem-ru: Amen.

Y'hay sh'lah-mah rah-bah mean sh'maya v'chai-yeem ah-lay-nu v'ahl coal Yisrael v'eem-ru: Amen.

Oseh Shalom Beem-row-may.

יִתְגַּדַל וָיִתְקַדַשׁ שָׁמֵה רַבָּא. בָּעַלְמָא דִי בָרָא כִרְעוּתָהּ, וַיִמְלִיךְ מַלְכוּתָהּ, בָּחַיִּיכוֹן וּבִיוֹמֵיכוֹן, וּבְחַיִּי דָכָל־בֵּית יִשְׂרַאָל, בַּעַגַלַא וּבִזִמַן קַרִיב. וַאָמַרוּ: אָמֵן. יָהַא שָׁמֵהּ רַבָּא מִבָּרַךְ לָעָלַם וּלְעָלָמֵי עָלְמַיָּא. יתְבָּרַךְ וִישִׁתַבַּח וִיתִבַּאַר וִיתִרוֹמַם וִיתִנַשָּׂא וָיתְהַדֵּר וָיתְעַכֶּה וִיתְהַלֵּל, שְׁמֵה דְּקָרְשָׁא בִּרִיךְ הוּא, ָלְעֶלָּא מִן כָּל־בִּרְכָתָא וִשִּׁירָתָא,

hoo yah-ah-she Shalom Ah-lay-nu תְּשֶׁבַּחָתָא וְנֶחֲמָתָא, דַאַמִירָן בַּעַלמָא v'ahl coal Yisrael v'eem-ru: Amen וַאָמָרוּ: אַמֶן.

יָהָא שַׁלַמַא רַבַּא מָן שָׁמַיַּא, וָחַיִּים עָלֵינוּ וָעַל כָּל־יִשְּׂרָאֵל.

ַנְאָמָרוּ: אַמֶּן. עשה שלום במרומיו, הוא יַעשה שלום עלינו,

ָוֹאָמָרוּ: אַמֶּן.

May the One who creates harmony on high, bring peace to us and to all Israel. Amen.

Benediction

יְבָּרֶכְךּ יְיָ וְיִשְׁמְרֶךּ. יָאֵר יִיָ פָּנְיו אֵלֶיךּ וִיחֻנְּךְ. יִשָּׂא יִיָ פָּנָיו אֵלֶיךּ וְיָשֵׂם לְּךּ שָׁלוֹם.

May God bless you and keep you.

May God's face shine upon you
and may God be Gracious to you.

May you always feel the light of God within you
and may God grant you God's most precious gift,
the gift of peace.

